

The contentious nature of soil organic matter

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The exchange of nutrients, energy and carbon between soil organic matter, the soil environment, aquatic systems and the atmosphere is important for agricultural productivity, water quality and climate. Long-standing theory suggests that soil organic matter is composed of inherently stable and chemically unique compounds. Here we argue that the available evidence does not support the formation of large-molecular-size and persistent ‘humic substances’ in soils. Instead, soil organic matter is a continuum of progressively decomposing organic compounds. We discuss implications of this view of the nature of soil organic matter for aquatic health, soil carbon-climate interactions and land management.

Soil organic matter contains more organic carbon than global vegetation and the atmosphere combined (Fig. 1). For this reason, the release and conversion into carbon dioxide or methane of even a small proportion of carbon contained in soil organic matter can cause quantitatively relevant variations in the atmospheric concentrations of these greenhouse gases¹. Moreover, organic matter retains nutrients as well as pollutants in the soil, which improves plant growth and protects water quality². Soils are also an important source of aquatic carbon, with implications for biogeochemical processes in rivers, lakes and estuaries³. Despite its recognized importance, there is a widely divergent view of the nature of soil organic matter.

Biological, physical and chemical transformation processes convert dead plant material into organic products that are able to form intimate associations with soil minerals, making it difficult to study the nature of soil organic matter. Early research based on an extraction method assumed that a ‘humification’ process creates recalcitrant (resistant to decomposition) and large ‘humic substances’ to make up the majority of soil ‘humus’ (see Box 1). However, these ‘humic substances’ have not been observed by modern analytic techniques. This lack of evidence means that ‘humification’ is increasingly questioned, yet the underlying theory persists in the contemporary literature, including current textbooks^{4–6}.

Here we argue in favour of a soil continuum model (SCM) that focuses on the ability of decomposer organisms to access soil organic matter and on the protection of organic matter from decomposition provided by soil minerals. Viewing soil organic matter as a continuum spanning the full range from intact plant material to highly oxidized carbon in carboxylic acids⁷ represents robust science and will facilitate the way we communicate between disciplines and with the public. Only such an evidence-based approach can allow for the development of mechanistic solutions to climate, water quality and soil productivity issues (Fig. 1). The resulting knowledge should be integrated into conceptual and mechanistic models for the purpose of predicting carbon dioxide emissions from soils in a warming world, as well as of keeping water supplies clean, and of improving and sustaining the ecosystem services of the world’s soils. Research aimed at reliable predictions of soil organic matter turnover should focus on investigating its spatial arrangement within the mineral matrix, the fine-scale redox environment, microbial ecology and interaction with mineral surfaces under moisture and temperature conditions observed in soils.

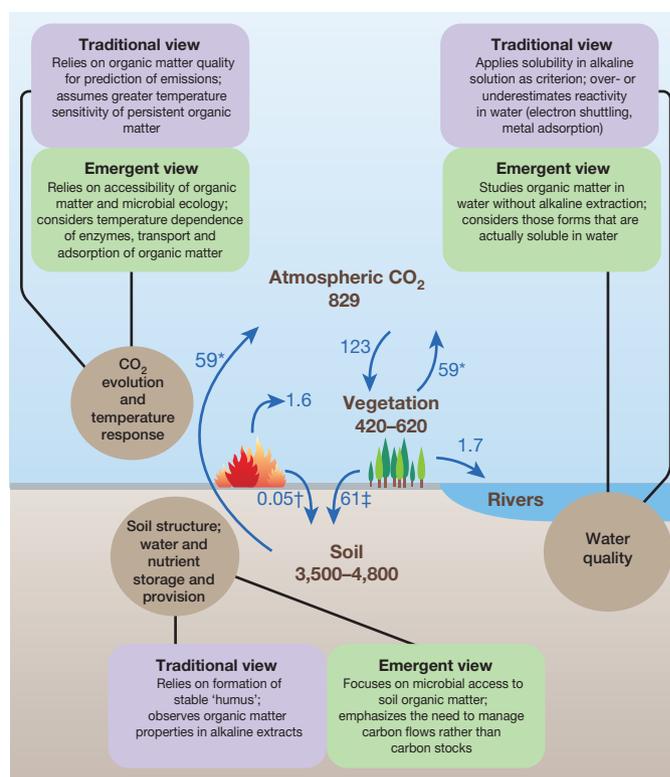


Figure 1 | Traditional and emergent views of the nature of soil organic matter affect how we predict and manage soil, air and water. Traditional ‘humification’ concepts limit observations of soil organic matter to its solubility in alkaline extracts, unlike the emergent view of organic matter based on solubility in water and its accessibility to microorganisms. Soils are an important source of organic matter in aquatic ecosystems and are responsible for half of the atmospheric carbon recycling. Carbon stocks and flux values are from ref. 1, except where noted otherwise: brown numbers are stocks in Pg C and blue numbers are flows in Pg C yr⁻¹. *Disaggregated value from 119 Pg C yr⁻¹ total emissions. †3% of total carbon consumed by fire¹⁰⁴. ‡Estimate to balance soil carbon exports.

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Historical reliance on an operational proxy

Soil organic matter research is difficult because organic compounds are thoroughly mixed with and often adhere to soil minerals. In arable soil, organic matter typically makes up less than 5% and could historically be discerned only by its dark coloration. Before advanced spectroscopic methods became available in the early 1990s, research on soil organic matter required that the organic phase be separated from the mineral phase through an extraction procedure. The most efficient of these separation procedures in terms of mass extracted⁸ is an extraction with alkali (Box 1), which dates back to a report published in 1786 (ref. 9). Although the extraction is incomplete, selective and prone to creating artefacts (Box 1), the procedure became widely adopted and its products universally accepted as experimental proxies for soil organic matter.

Concerns that alkaline preparations are not appropriate representatives of soil organic matter were raised as early as 1888 (ref. 10) and 50 years later it was proposed¹¹ that 'humic' nomenclature should be dropped because the term relates only to a material obtained by a specific procedure. Unfortunately, these concerns were dismissed rather than disproved. Among the thousands of publications on 'humic substances', not one independently confirms—for example, by direct spectroscopic observation—that the 'humic substances' extracted by alkali are components of organic matter that exist separately in soil environments.

Among the strongest arguments in favour of discarding the notion of 'humic substances' is the absence of any agreement within the broader scientific community on how such materials are defined. 'Humic substances' may be described in the soil sciences in three different ways: strictly operationally according to what can be extracted with an alkaline solution, with further subcategories of 'humic' and 'fulvic' acids as well as unextractable 'humins'; as an existing substance that is not merely an operational construct; or as a combination of the two (Box 1). Different research communities use the same vocabulary with very different connotations, to the point of being contradictory: in soil science, 'humic substances' are thought to have large molecular masses¹²; in the environmental sciences, they are characterized as small fragments¹³; and a classic textbook of aquatic geochemistry describes them as compounds of variable mass and composition¹⁴. These views have evolved over time, so that now it is not obvious what the term 'humic substances' is intended to convey unless it is explicitly defined. Despite this uncertainty and new insight from modern spectroscopic techniques (Box 2), the products of alkaline extraction continue to be treated as physically existing entities^{5,6,15}, with research efforts focused on aligning theory with the behaviour and properties of a soil component proxy that is defined solely by solubility at an alkaline pH.

Reconciling models of soil organic matter

At present, three competing models for the fate of organic inputs to soil can be distinguished: (1) classic 'humification', (2) 'selective preservation' and (3) 'progressive decomposition' (Fig. 2).

All three models assume that fragments of plants and soil fauna are first broken up into small pieces at the onset of decomposition. Evidence that such breakdown of dead leaves or roots takes place comes from the observation that the majority of organic matter inputs to soil decays within the first year¹⁶. It is further known that plant residues must be degraded by enzymes to a relatively small size (typically less than 600 Da) before they can be actively transported across the cell walls of microorganisms^{17,18}. In terrestrial ecosystems, so-called exo-enzymes perform this function outside the microorganism^{19,20}. Thus, at any time within a living soil, a continuum exists of many different organic compounds at various stages of decay²¹, moving down a thermodynamic gradient from large and energy-rich compounds to smaller energy-poor compounds²⁰.

(1) The 'humification' model is the oldest of the three concepts²². In its original definition 'humification' assumes a further transformation or synthesis of the initial decomposition products into large, dark-coloured compounds¹² (Fig. 3). The resulting macromolecules were thought to be rich in carbon and nitrogen structures specific to 'humification', resistant to decomposition¹² and consequently, older than the rest of the soil

BOX 1

Traditional approach to the study of soil organic matter

Since first used over 200 years ago, the alkaline extraction technique has undergone many iterations but the principle has remained identical. In its modern version¹⁰⁵, the procedure involves the addition of a sodium hydroxide solution with a very high pH of 13 to a soil sample. At this pH, most oxygen-containing functional groups in organic matter are ionized, making organic compounds bearing such groups much more soluble in water⁶⁷. After adding protons to the solubilized organic materials, a dark solid precipitates that is commonly called 'humic acid'. The organic matter that remains soluble after reacidification is called 'fulvic acid'. The considerable proportion of organic matter that does not respond to the treatment, either for a lack of ionizable functional groups or because it was shielded from the harsh alkaline treatment by mineral protection, is named 'humins'. This multi-step procedure created the need to distinguish several categories of what constitutes soil organic matter. These categories vary widely between authors. The conceptual problem with defining 'humic substances' by an extraction procedure is threefold:

(1) The extraction is always incomplete, leaving 50%–70% of the organic carbon unextracted, which is then defined as the insoluble 'humins' fraction¹⁰⁶. This precludes the use of the extractable 'humic and fulvic acids' as true representatives of total soil organic matter. The alkaline solution will also extract portions of soil fractions that are not meant to be included in 'humic substances', such as living biomass, simple and identifiable biomolecules (often included as 'non-humic' substances in 'humus'), dissolved organic matter or undecomposed leaves and roots (isolated as particulates). How these separately assessed fractions should be distinguished from the unextracted 'humins' (that are part of 'humic substances') is often unclear. The sum of 'humic' and 'non-humic' substances is defined as 'humus', a term that is sometimes considered to be synonymous to soil organic matter^{5,6}, sometimes not¹⁹, and is sometimes not used at all^{4,5,8,22}.

(2) The harsh alkaline treatment at pH 13 ionizes compounds that would never dissociate within the wider soil pH range (pH 3.5 to pH 8.5), giving the resulting 'humic' and 'fulvic' fractions the character of highly selective preparations with an exaggerated chemical reactivity rather than that of true isolates.

(3) The development of this extraction method preceded theory, tempting scientists to develop explanations for the synthesis of materials resembling operationally extracted 'humic substances', rather than to develop an understanding of the nature of all organic matter in soil. Over time, this attempt to mechanistically explain the formation of operationally defined 'humic substances' also led to their definition as synthesis products without the link to the alkaline extraction^{5,6}.

organic matter. Given the lack of a universally accepted definition of 'humic substances' across disciplines and the lack of evidence for their physical existence independent of the alkaline extraction procedure, it is no surprise that there is no agreement on the processes and pathways of 'humic substance' formation either (Box 2). These 'humic substances' are variously considered to be ecologically useful (providing cation exchange capacity), chemically reactive (interacting with iron, aluminium and other

BOX 2

Critique of the 'humification' model

A consolidated assessment of published evidence (Fig. 3) reveals that secondary synthesis of 'humic substances' facilitated by minerals or enzymes has not been shown to be relevant in natural systems. On these grounds we find it inadvisable to support the classic 'humification' model. Evidence based on isotopic labelling¹⁰⁷ or on the testing of numerous decomposer organisms¹⁰⁸ leaves little doubt that the supposedly recalcitrant 'humic substances' can be decomposed at surprisingly fast rates. The dark colour of 'humic' extracts generated in laboratory experiments^{109,110} can be satisfactorily explained by a combination of two processes: the degradation of natural pigments and the accumulation of molecules containing random conjugated bonds (which appear dark in the mixture). Large molecular masses of hundreds to millions of daltons (mostly 10,000–100,000 daltons) reported in early studies¹² have more recently been found to consist of self-assembled aggregates of small compounds mimicking large molecules^{13,46,111}. Contrary to many earlier interpretations, the old radiocarbon age of some alkaline extracts¹¹² is not a valid criterion for the persistence of decomposed organic matter, but merely an indication of when the carbon was fixed by photosynthesis¹¹³. The chemical structures of so-called polyaromatic carbon compounds (carbon in ring structures) often observed in the extracts are routinely produced by both plants and microorganisms and include melanins, tannins and antibiotics (polyketides)^{114,115}. However, these compounds have a clear physiological purpose and are therefore not the products of a random decomposition process. Ubiquitous thermally altered carbon from vegetation fires found in most soils^{116–118} is also polyaromatic, and a portion of such compounds is typically extracted in alkaline solution^{83,119}. Heterocyclic nitrogen (nitrogen embedded in a carbon ring structure) has been proposed to result from secondary synthesis, but evidence is only available to demonstrate its origin from fires¹²⁰ or from artefacts during analyses^{15,121}. The glass transition sometimes observed in materials from alkaline extracts¹²² has been attributed to 'humification'¹²³, because glass transition behaviour requires a degree of molecular order. But the glass transition can also be found in many microbial products¹²⁴ and fire-altered organic matter¹²⁵ (in which the processes are well established).

metals), and—particularly relevant for biogeochemical models—also inherently 'stable' against further decomposition¹². The suite of hypothetical transformation processes became collectively known as 'humification' and is also called the 'synthesis concept of the genesis of humic substances' or 'secondary synthesis'^{12,15,23,24} (Fig. 2).

(2) 'Selective preservation', which is also called preferential decomposition²⁵, is a newer concept informed by decomposition studies of leaves^{26,27} and visible plant fragments in soils²⁸. This concept assumes that organic inputs are composed of both labile and relatively recalcitrant compounds²⁹, the latter being used by microorganisms only when the former are exhausted. However, there is now robust evidence that, under suitable conditions, appropriately adapted decomposer organisms have the ability to decompose even presumably persistent materials more quickly than previously anticipated, including polycondensed aromatics³⁰, alkanes in soil³¹, fire-derived carbon³², crude oil in sea water³³, and even polyethylene³⁴. Also, contrary to previous assumptions³⁵, the decomposition of presumably recalcitrant lignin is fastest at the early stages of decomposition, as long as it is easily accessible and small organic molecules are available as a source of energy to help mineralize the lignin³⁶.

(3) In the progressive decomposition model (also called 'biopolymer degradation'³⁷; or 'the degradative concept'^{15,23}), soil organic matter consists of a range of organic fragments and microbial products of all sizes at various stages of decomposition^{7,38} (Fig. 2). Several independent lines of evidence revealed alkali-extracted 'humic substances' to be a mixture of identifiable compounds such as fragments of plants or microorganisms^{39–41} that are distributed in different locations of micro-aggregates^{42–45}, showing no similarity to the 'humic' extract⁴², and having small size^{46,47}. Upon cell death, materials that are synthesized in the course of microbial anabolism are released into the soil, where they are subject to further degradation. Throughout this process, these materials remain on an energetic downhill trajectory⁴⁸, as opposed to the hypothetical 'humic substances' (Fig. 2), whose 'secondary synthesis' would require energy investments for which no thermodynamic rationale has been provided so far¹⁵.

Using recognized chemical, physical and biological controls on soil carbon turnover, the available evidence can reconcile those existing theories into a SCM (Fig. 2). In the SCM concept, organic matter exists as a continuum of organic fragments that are continuously processed by the decomposer community towards smaller molecular size^{7,20,21}. The breakdown of large molecules leads to a decrease in the size of primary plant material with concurrent increases in polar and ionizable groups, and thus to increased solubility in water. At the same time, the opportunity for protection against further decomposition increases through greater reactivity towards mineral surfaces and incorporation into aggregates (Fig. 2). Modern analytical tools for the characterization of biomolecules in microbial cells and soils now suggest a direct and rapid contribution of microbial cell walls to soil organic matter protected by interaction with minerals^{49,50}. Adsorption may be followed by desorption, exchange reactions with competing organic compounds, and biotic or abiotic degradation. An obvious consequence of microbial involvement in the decomposition process is the direct deposition of microbial cells, cell debris, exopolysaccharides, and root exudates on mineral surfaces.

Only the SCM explains the variations in turnover time of organic compounds through variations in the presence or absence of decomposer organisms and enzymes and the energy they require, through the properties and abundance of mineral surfaces that may protect organic matter, and through the availability of numerous other resources (such as oxygen and nutrients)^{51,52}. The vast portfolio of options for variations in carbon turnover dynamics in the SCM provides a full explanation of organic matter properties as observed by contemporary, *in situ* spectro-microscopic techniques^{39–42} without invoking 'humification' processes or 'humic substances'. Consequently, the SCM does not require microbial or abiotic generation of recalcitrance through the formation of specific organic compounds and is in agreement with the stated need to focus on spatial arrangement of soil organic matter⁵³ and environmental control such as temperature, moisture or soil mineralogy⁵². Decomposition pathways, sequences and rates therefore evolve as a specific function of a given soil system. The SCM offers a way forward in modelling soil carbon dynamics and developing soil management that is based on observable evidence, as discussed below.

Environmental relevance

The SCM view of the nature of soil organic matter—which excludes any secondary synthesis of 'humic substances'—has implications for a range of disciplines that build on the science of organic matter properties and changes in soil (Fig. 1). This is all the more important as the 'humic substances' concept is very widely adopted outside the soil sciences, with the majority of publications focusing on 'humic substances' published in journals that do not explicitly cover soil science.

Soil carbon modelling

Soils contain more organic carbon than the atmosphere and vegetation combined¹ and predictions of soil organic matter dynamics could therefore greatly influence forecasts of global climate change. Major soil carbon models such as Century⁵⁴ or RothC⁵⁵ are built on the premise that soil

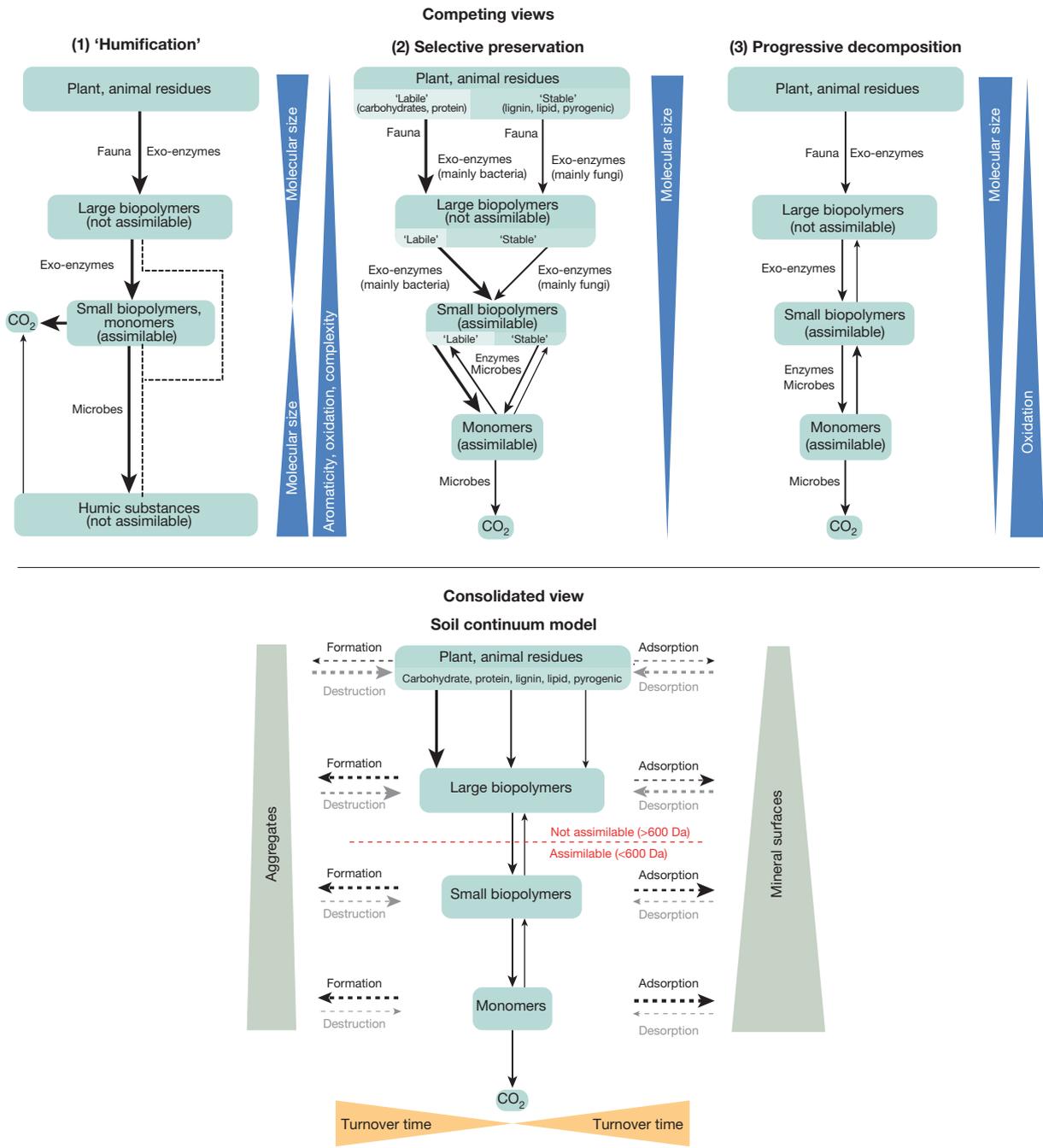


Figure 2 | Reconciliation of current conceptual models for the fate of organic debris into a consolidated view of a SCM of organic matter cycles and ecosystem controls in soil. Classic ‘humification’ relies on the synthesis of large molecules from decomposition products. Selective preservation assumes that some organic materials are preferentially mineralized, leaving intrinsically ‘stable’ decomposition products behind. Progressive decomposition reflects the concept of microbial processing of large plant biopolymers to smaller molecules. In the proposed SCM, a continuum of organic fragments is continuously processed by the decomposer community from large plant and animal residues towards

smaller molecular size. At the same time, greater oxidation of the organic materials increases solubility in water as well as the opportunity for protection against further decomposition through greater reactivity towards mineral surfaces and incorporation into aggregates. Dashed arrow lines denote mainly abiotic transfer, solid lines denote mainly biotic transfer; thicker lines indicate more rapid rates; larger boxes and ends of wedges illustrate greater pool sizes; all differences are illustrative. All arrows represent processes that are a function of temperature, moisture and the biota present.

organic matter can be divided into pools that have different turnover times. None of these models explicitly represents the characteristic processes of carbon transformation detailed in the SCM, such as adsorption and protection, desorption, and microbial activity. Although carbon movement between pools and their decomposition rates are modified by temperature, texture and moisture, the default turnover rates associated with individual carbon pools are justified by the combined influence of physical protection and an inferred resistance to decomposition

that is dependent on substrate quality (‘quality’ is here used in the sense of molecular composition of the organic matter). Particularly for the ‘slow’ and ‘passive’ pools, this inherent resistance to decomposition (recalcitrance) has been understood to be the result of ‘humification’, with the RothC model explicitly including ‘humus’ fractions⁵⁵. Lack of mechanistic representation of the decomposition process produces disagreement among models⁵⁶ and between model predictions and observational data^{57,58}.

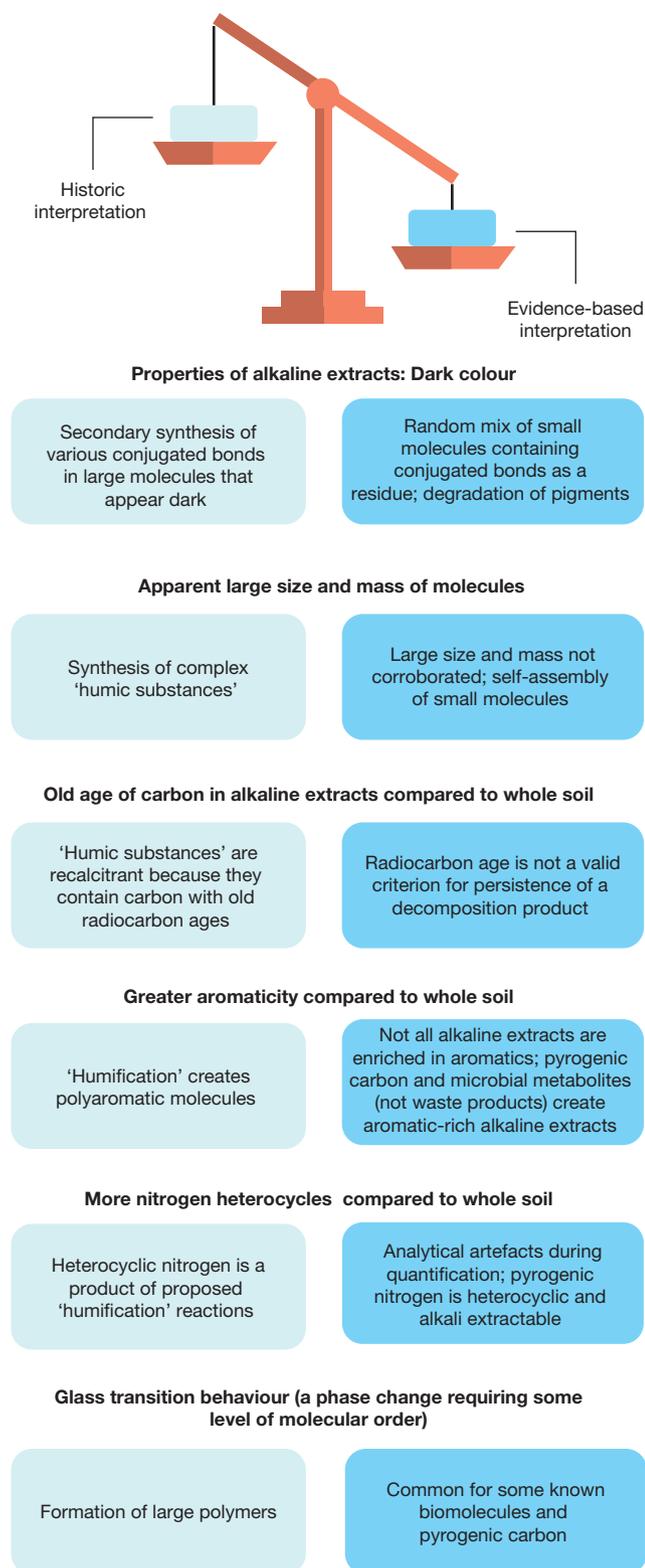


Figure 3 | Weighing up the empirical information supporting either the historic or evidence-based interpretation of the nature of soil organic matter. A consolidated assessment of scientific evidence published over the past two decades provides explanations for the properties of alkaline extracts that do not require invoking the secondary synthesis of 'humic substances'.

The shortcomings become apparent when these models are applied to predict the global warming feedback of soil organic carbon mineralization. Rising temperatures increase microbial activity and a warming atmosphere may therefore lead to greater mineralization of soil

organic carbon⁵⁹. The resultant carbon dioxide emissions would then accelerate the greenhouse effect and thereby increase global temperature. Soil organic matter pools with slower turnover are thought to respond more sensitively to climate warming than those with fast turnover^{59–61}. The underlying, so-called carbon–quality–temperature theory (CQT theory⁶²) combines classical 'humification' theory, that is, the assumption that decomposition creates complex, recalcitrant compounds, with the Arrhenius theory that chemical reactions are faster at higher temperatures⁶³. According to CQT theory, the decomposition of a complex substrate requires more enzymatic reactions and a higher total activation energy than a reaction metabolizing a simple carbon substrate, and as a result, would be more sensitive to rising temperatures than the decomposition of a simple carbon substrate. The CQT theory loses much of its explanatory potential for the carbon pools with slow turnover if the decomposition of organic matter is not creating complex and recalcitrant compounds.

Different organic compounds entering the soil have highly varying composition⁶⁴ and in isolation (for example, fresh litter) have different turnover and hence temperature responses as a function of their composition⁶⁰. However, this variation is so heavily influenced by environmental and biotic factors after they enter the soil ecosystem that the concept of relying on quality-dependent temperature responses is, in our opinion, obsolete. We propose that future research should concentrate to a much greater extent on the causes of any observed substrate preferences, such as the absence of a decomposer with a matching catabolic toolbox or the lack of a critical resource for the decomposer.

To equip models with more appropriate temperature responses, new approaches need to recognize first the continuum of organic compounds (rather than discreet pools with different turnover times), and second the protection of organic compounds (rather than substrate quality). It is not obvious that merely distinguishing between the mineralization of plant litter on the one hand and degradation products interacting with the mineral matrix⁶⁵ on the other will generate better predictive capabilities, simply because they form a continuum. In addition, the full suite of controls on mineralization must be considered, notably temperature–moisture interactions⁶⁶. Mechanistic understanding in this field will be greatly improved if 'humification'-derived assumptions about the molecular structure of the slower-cycling soil carbon pools are replaced by considerations of the processes that render organic decomposition fragments mobile in soil solution. The relevance of binding mechanisms of organic substances to different mineral surfaces is still uncertain⁶⁷ and the stability of minerals themselves may change as a result of exposure to organic compounds, such as those released by roots⁶⁸.

The laudable efforts to include microbial activity⁶⁹ and diversity⁷⁰ into soil carbon models to improve climate predictions continue to focus on the quality of organic matter. The development of models built on microbial ecology should omit any emphasis on substrate quality and especially the proposed large 'humified' organic compounds. Observations in soils depleted of plant litter input showed microbial communities adapted to metabolizing simple, small compounds rather than the large and polymeric organic compounds expected for old and persistent soil organic carbon⁷¹. To predict the responses of soil organic carbon to climate warming, models must move beyond conceptual pools having different turnover times and instead combine soil physical principles into soil biological processes. As recently demonstrated⁷², aspects of this combination are already possible when models include the extent to which the mobility of organic fragments in soil water affects accessibility of decomposition products by functionally different groups of microorganisms.

It will next be critical to develop models that provide deeper insight into microbial access to soil organic carbon by including the spatial architecture of the soil⁵³. Such model development benefits from spatial data, which are becoming available using imaging analyses in two^{42,49} or three dimensions⁷³. In a fully developed model, this will require extensive computing capabilities and may only be possible if this research is prioritized or at a time when further computational advances make complex spatial calculations easily accessible and inexpensive. Combining these

approaches within the SCM would provide opportunities to test whether the distance of microorganisms from the organic matter plays as important a part as does the attachment of organic matter to protective mineral surfaces, which constitutes the next frontier in better understanding and prediction of soil organic carbon dynamics.

Aquatic systems

Because soil organic matter is a major source of organic carbon in rivers, lakes and estuaries³, its persistence and retention is of great interest for closing global carbon budgets¹. Large proportions of organic carbon in rivers are mineralized and emitted as carbon dioxide⁷⁴ or retained in fluvial⁷⁵ and oceanic sediments⁷⁶. To date, ‘humic substances’ as extracted by alkali constitute the organic workforce that is investigated by the community of aquatic chemists. Continuing this practice of investigating organic matter in aquatic systems with the help of an inadequate proxy will not only prevent us from obtaining a better understanding of how far organic matter is transported and when it outgasses into the atmosphere, it will also generate misleading conclusions about its stability and reactivity³. As outlined above for the soil environment, we argue that the persistence and movement of terrestrially derived organic carbon compounds entering aquatic ecosystems will rely on their protection by minerals, solubility in water and microbial degradation rather than primarily their chemical properties.

Aquatic carbon is not only important as part of the global carbon cycle, but also for local biogeochemical processes in streams and lakes. The observation of electron shuttling by ‘humic substances’ may serve as an example^{77–79}. Electron shuttling is often attributed to quinones⁸⁰ and is a key driver for the microbial use of organic carbon, including organic pollutants and oxidation of reduced metals in oxygen-limited environments such as aquatic sediments and peatlands⁸¹. Extracts of ‘humic substances’ typically used for investigations of electron shuttling phenomena may have developed this capacity not as a result of ‘humification’, but because alkaline solutions extract quinones that are present in soil as a result of known microbial metabolism⁸² or in carbon thermally altered by fire⁸³, which has been shown to be electrochemically active^{84,85}. Abandoning the ‘humic’ proxy will broaden future research to include electron transfer mediated by organic matter that is not soluble in alkali. This will improve identification of mechanisms controlling methane production in temporarily anoxic environments⁷⁹ and those elements of biotic⁸⁵ and abiotic⁸⁶ iron cycles that remain elusive.

Water treatment is a vital technology, but its mechanistic basis is rendered questionable by the pervasive use of the ‘humic substances’ proxy. Anaerobic bioremediation refers to ‘humic substances’ as an electron acceptor⁷⁸ that removes pollutants. During purification of drinking water, on the other hand, ‘humic acids’ are considered contaminants, because reactions with disinfectants generate by-products that are toxic to humans⁸⁷. Research specifically targets ‘humic’ isolates that are perceived to be relevant proxies for organic compounds in waste water⁸⁸. Instead, water treatment would benefit from using organic materials that are based on mixtures of actually existing degradation products rather than the proxies based on alkaline extraction, as in the removal of organic matter by coagulation⁸⁷. Water treatment needs to become more predictable because future contamination will inevitably include new pharmaceuticals or nanoparticles of which we have limited experience.

Agriculture

Productive soils are central to human welfare because agriculture generates most of our food, feed and fibre. Organic matter contributes to soil fertility by retaining plant-available water and nutrients or promoting the formation of soil structure, but it is also consumed in the process of arable soil management as it releases needed nutrients and energy when it decomposes⁸⁹. However, proposals to return the carbon lost through agricultural activities in previous decades often emphasize the need to build or augment a ‘stable humus’ pool, drawing on the outdated concept of ‘humification’. Such a pool has been suggested to increase soil organic matter resistance to decomposition through *in situ* synthesis of

macromolecules⁹⁰ or hydrophobic protection by ‘humic substances’⁹¹. However, this goal seems counterproductive given that soil organic matter is most beneficial when it decays and releases energy and nutrients⁸⁹. Acknowledging the dynamic continuum of decomposition products suggests that the management of soil organic matter turnover is more important than the accrual of non-productive organic matter deposits. This requires a mechanistic understanding of interactions with minerals, movement into areas of lower mineralization and mediation of microbial activity⁷. The need to manage the turnover and volume of organic compounds and nutrient provisioning to optimize soil productivity (Fig. 1) warrants further research into balancing both stocks and flows of organic matter.

Soil organic matter can reduce contaminant uptake into crops and leaching into groundwater through adsorption at the cost of long-term accumulation. Studying the hypothetical interactions of heavy metals or other pollutants with extracts of ‘humic substances’ will provide limited insight into contaminant behaviour. Future research into interactions of organic matter with arsenic⁹², other heavy metals⁹³ or pharmaceuticals⁹⁴ will generate more robust information by investigating the entire soil organic matter or the portion present in soil solution rather than what is extractable by alkali. This will allow better predictions of contaminant movement and mitigation of their environmental impact by adsorption and microbial use.

Alkaline extraction targets materials with abundant functional groups. Consequently, plant growth is often enhanced when such materials are added to soils particularly to stimulate rooting⁹⁵. Alkali-extracted products are therefore becoming increasingly popular as soil amendments⁹⁶. Better crop nutrition is an important part of this strategy and plant uptake of micronutrients is indeed known to be improved when organic compounds make them more soluble⁹⁷. Positive plant responses to ‘humic substances’ resembling those of beneficial plant hormones⁹⁵, through improved defence mechanisms against pests or diseases⁹⁸ and changes in gene expression⁹⁹ may mean that the alkaline extracts contain compounds that trigger these effects. If we acknowledge soil organic matter as a continuum of decomposition products, we will be better able to design soil applications for specific purposes such as improved plant defence, and unpack what is essentially a ‘black box’ of compounds extracted by alkali. Research and product development should therefore focus on organic compounds that are soluble in water for managing soil health and focus on relationships between specific functional groups or compounds and positive plant responses for which information already exists.

The way forward

The need for the soil sciences to move away from both the ‘humification’ model and associated ‘humic’ language has been much debated. Unfortunately, this objective has not been implemented with rigour and has largely been ignored in the neighbouring fields of aquatic and environmental sciences. In many cases, the ‘humification’ model itself has been abandoned, but the ‘humic’ nomenclature is maintained. For example, the large molecular size of ‘humic substances’ has been refuted^{13,100} but not their existence. The issue has also been approached by redefining ‘humic substances’ as the portion of soil organic matter that cannot be molecularly characterized^{20,101,102}, or by calling all soil organic matter ‘humus’¹¹. We argue that this compromise—maintaining terminology but altering its meanings in varying ways—hampers scientific progress beyond the soil sciences. The SCM of soil organic matter does not allow a confusing middle path; it requires leaving the traditional view behind to bring about lasting innovation and progress¹⁰³. This is critical as scientific fields outside the soil sciences base their research on the false premise of the existence of ‘humic substances’. Thus an issue of terminology becomes a problem of false inference, with far-reaching implications beyond our ability to communicate scientifically accurate soil processes and properties.

Reconciliation of modern experimental evidence with a robust molecular model can immediately be achieved by consistently referring to ‘humic substances’ as alkaline extracts rather than suggesting that

a distinct category of organic materials exists. This is essential when modelling global soil carbon, for which we need to cease using soil carbon pools whose definitions are rooted in 'humic' theory. In future research, alkaline extracts should not be used as proxies for naturally occurring organic matter or a subset thereof. Alkaline extraction should be supplanted by approaches that capture actual solubility in soil, river or ocean water.

The SCM will direct fundamental research questions towards microbial access to 'protected' rather than 'stable' carbon, and this will lead to more mechanistic representations of pollutant mobility and electron transfer reactions. In applied science and industry, this shift will prove more difficult to establish, because commercial 'humification' products and their marketing are strongly established, particularly in the gardening and compost industry. However, alkaline extraction does indeed isolate organic materials rich in oxygen, which may have value for product development. Therefore, we urgently need a biologically based explanation of the established growth-promoting effects of some highly oxidized organic compounds in soil in order to develop commercial products that operate in a predictable manner based on observable reactions of enzymes, hormones or cell wall transport. This will redirect existing research and development programmes at the intersection of molecular biology, ecology and soil biogeochemistry to allow the implementation of scientifically sound 'soil health' concepts.

Government-funded research programmes must therefore preferentially support science that bridges the gap between detailed and fine-scale mechanistic research at the plant–soil interface and field-scale research relevant to those who manage soils for their multiple ecosystem services. There are great opportunities for progress in explaining soil carbon responses to warming, and in the improvement of soil fertility and water quality. Coordinated interdisciplinary research programmes should be urgently set up to encourage greater coordination between soil biogeochemists and modellers. Such programmes should use the SCM to examine the balance between managing carbon and nutrient flows with sequestration, and between carbon transport, deposition and evasion in rivers and oceans. Models based on pools should be replaced with models based on organic matter solubility and spatial architecture to improve climate prediction, regional and global assessments of soil resources and soil vulnerability. The reward will be more robust forecasts and resource evaluation, issues critical for developing future climate change and land use policies.

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